

CLUB OUTDOOR CLUB RECORDS – DECEMBER 2019

FEMALE OUTDOOR CLUB RECORDS – 2019 (December 31st2019)

Senior Women		Performance	Year
100m	Megan Exley	13.18	2019
200m	Megan Exley	26.99	2019
400m	Natalie Goddard	62.37	2019
800m	xx	xx	2019
1500m	xx	xx	2019
3000m	xx	xx	2019
100mh	xx	Xx	2019
400mh	xx	Xx	2019
HJ	xx	Xx	2019
LJ	xx	Xx	2019
TJ	xx	xx	2019
PV	xx	xx	2019
SP – 4k	Milan Clues	9:54	2019
DT – 1k	xx	xx	2019
HT – 4k	xx	xx	2019
JT – 600g	Megan Exley	33:95	2019
Under 20 Women		Performance	Year
100m	Andra Kwakye	14.32	2019
200m	Amy Walker	27.08	2019
400m	Amy Walker	60.77	2019
800m	xx	xx	2019
1500m	xx	xx	2019
3000m	xx	xx	2019
100mh	xx	xx	2019
400mh	Andra Kwakye	85.90	2019
HJ	xx	xx	2019
LJ	Andra Kwakye	4:04	2019
TJ	Andra Kwakye	8:32	2019
PV	xx	xx	2019
SP – 4k	xx	xx	2019
DT – 1k	xx	xx	2019
HT – 4k	xx	xx	2019
JT – 600g	xx	xx	2019

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U17 Women		Performance	Year
100m	Abigail Smith	12.89	2019
200m	Katie Scott	26.8	2019
300m	Abigail Smith	45.89	2019
800m	Holly Walker	2:36.0	2019
1500m	Isabelle Rippon	5:27.8	2019
3000m	Isabelle Rippon	12:51.0	2019
80mh	Amelia Tutt	11.8	2019
300mh	Amelia Tutt	49.1	2019
HJ	Ella Watford	1:61	2019
LJ	Ella Watford	5:35	2019
TJ	Ella Watford	11:26	2019
PV	xx	xx	2019
SP – 3k	Auguste Zakalyte	11:93	2019
DT – 1k	Auguste Zakalyte	36:74	2019
HT – 3k	Auguste Zakalyte	31:22	2019
JT – 500g	Niamh Payne	26:24	2019
Under 15 Girls		Performance	Year
100m	Molly Pinder	13.7	2019
200m	Shanice Ighalo	26.6	2019
300m	Shanice Ighalo	42.63	2019
800m	Jessica Kempton	2:28.6	2019
1500m	Abigail Thayanithy	5:23.0	2019
3000m	xx	xx	2019
75mh	Charlotte Woodward	12.61	2019
HJ	Molly Pinder	1:45	2019
LJ	Shanice Ighalo	5:23	2019
TJ	Ellen Goodhart	8:42	2019
PV	xx	xx	2019
SP – 3k	Lily Carlaw	13:33	2019
DT – 1k	Lily Carlaw	39:06	2019
HT – 3k	Lily Carlaw	26:68	2019
JT – 500g	Charlotte Creak	30:06	2019

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	U13 Girls	Performance	Year
75m	Savannah Morgan	10.2	2019
100m	Savannah Morgan	12.9	2019
150m	Savannah Morgan	20.4	2019
200m	Savannah Morgan	27.5	2019
800m	Ella Darby	2:32.73	2019
1200m	Olivia Willison	4:05.95	2019
1500m	Lara Turner	5:12.57	2019
70mh	Sara Erdos	13.6	2019
HJ	Ella Darby	1:30	2019
LJ	Savannah Morgan	4:93	2019
SP – 2.72k	Georgia Roseblade	8:31	2019
DT – 750g	Georgia Roseblade	17:71	2019
JT – 400g	Georgia Roseblade	21:58	2019

	Under 11 Girls	Performance	Year
75m	Jasmine Jessamy	11.6	2019
100m	Jasmine Jessamy	15.8	2019
150m	Jasmine Jessamy	23.6	2019
200m	Jasmine Jessamy	32.3	2019
600m	Jessica Lamb	2:03.0	2019
1200m	Jessica Lamb	4:32.2	2019
HJ	xx	xx	2019
LJ	Jasmine Jessamy	3:12	2019

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MALE OUTDOOR CLUB RECORDS – 2019 (December 31st2019)

Senior Men		Performance	Year
100m			2019
200m			2019
400m	Carl Robertson	57.3	2019
800m	Oliver Munns	2:07.50	2019
1500m			2019
3000m			2019
100mh			2019
400mh			2019
HJ			2019
LJ			2019
TJ			2019
PV			2019
SP – 7.26k			2019
DT – 1.75k			2019
HT – 7.26k			2019
JT – 800g			2019
Under 20 Men		Performance	Year
100m	Tom Wilcock	11.66	2019
200m			2019
400m	Tobias Heayns	55.6	2019
800m	Adam Caulfield	2:06.4	2019
1500m	Adam Caulfield	4:11.9	2019
3000m	Adam Caulfield	9:19.3	2019
110mh	Tom Wilcock	14.38	2019
400mh	Tom Wilcock	69.92	2019
HJ	Sam Tutt	1:60	2019
LJ			2019
TJ			2019
PV			2019
SP – 6k			2019
DT – 1.5k			2019
HT – 6k			2019
JT – 800g	Sam Tutt	26:15	2019

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U17 Men		Performance	Year
100m	Pharell Maitland	11.90	2019
200m	Pharell Maitland	23.84	2019
300m	Jor-el Maitland	52.46	2019
800m	Matthew Blomley	2:01.53	2019
1500m	Ben Willison	4:38.30	2019
3000m	George Thompson	10:40.3	2019
100mh	Mackenzie Roper	14.75	2019
400mh	Mackenzie Roper	66.99	2019
HJ	Scott Woods	1:60	2019
LJ	Jor-el Maitland	6:09	2019
TJ	Guilherme Ribeiro	11:12	2019
PV	xx	xx	2019
SP – 5k	Chris Dymishi	16:97	2019
DT – 1.5kk	Chris Dymishi	41:79	2019
HT – 5k	xx	xx	2019
JT – 700g	Michael Konadu	18:97	2019
Under 15 Boys		Performance	Year
100m	Oliver Savage	11.89	2019
200m	Oliver Savage	24.2	2019
300m	Oliver Savage	39.3	2019
800m	Peter Van Uem	2:21.5	2019
1500m	Dilane Nyangang	5:05.7	2019
80mh	Hamish Thomas	13.91	2019
HJ	Eddie Preston	1:40	2019
LJ	Oliver Savage	5:38	2019
TJ	Luke Turner	8:84	2019
PV	xx	xx	2019
SP – 4k	Joshua Tutt	14:99	2019
DT – 1.25k	Joshua Tutt	33:77	2019
HT – 4k	Will Clarke	24:94	2019
JT – 600g	Thomas Lambeth	30:76	2019

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U13 Boys		Performance	Year
100m	William Drage	14.0	2019
200m	Malik Sayid	29.4	2019
800m	Malachy Collins	2:24.1	2019
1500m	Malachy Collins	4:53.94	2019
75mh	Sam Palmer	14.84	2019
HJ	Lewis Robson	1:35	2019
LJ	William Drage	4:29	2019
SP – 2.72k	Jasper Smith	5:88	2019
DT – 1k	xx	xx	2019
JT – 400g	Jasper Smith	23:80	2019
Under 11 Boys		Performance	Year
75m			2019
150m			2019
600m	Jack Twining	2:02.5	2019
1200m	Jack Twining	4:19.2	2019
HJ			2019
LJ			2019